



# Vibrational Alchemy

Holistic natural solutions for  
personal and planetary transformation  
[www.AllOnePeace.com](http://www.AllOnePeace.com) 239.298.4839

## SWANSTAR ESSENCES

### Flower & Sacred Site Essence FAQs

#### What are flower and sacred site essences?

Flower and sacred site essences are natural medicine made from the vibrational pattern or consciousness of flowers, sacred sites, stars, gems. Since the original work by Dr. Edward S. Bach, DPH, over seventy years ago flower essence therapy has expanded from Bach's original 37 to more than 7500 essences from numerous makers worldwide. Nature spirits, angels, or devas associated with each essence offer their consciousness in Love to assist mankind and the Earth with self-healing. Nature essences are multi-dimensional and can be used for healing body-mind-spirit. Most often they have been used for emotional and mental clearing and support during times of stress or change.

**Swanstar Essences** are a new generation of flower essences. Telehomeopathic, they combine telepathic direct communication with Nature and the principles of homeopathy. Nothing is cut or killed as with the traditional Bach method of making essences. Using telepathic communication, the energetic pattern is transmitted directly by nature spirits (devas) to a bottle of distilled water. Once the essence is collected, it is diluted homeopathically to strengthen potency and then blessed by Genai. Free of chemicals and fragrance, Swanstar Essences are preserved in distilled water.



Every essence in the Swanstar Essences Collection has the same underlying intention: remembering our way home to our true self or soul.

#### When would I use Swanstar Essences?

If you are feeling tense, upset, shocked, out of balance, or disconnected from your Self or "beside yourself," Swanstar Essences can help re-balance and clarify your feelings. Use them as supports for self-healing from grief and loss, or when anxieties grip your life. Need help sleeping? Several Swanstar Essences can help. They are also strong supports for energy healing sessions or other therapies. They open remembrance of issues or areas buried in the subconscious, so that these can be healed through recognition and acceptance. They have also been useful to speed healing for surgeries, burns, wounds, and injuries. They amplify energy work and help healing hold and expand.

Swanstar Essences can be helpful to integrate, protect, clear, release, remember, ritualize, re-pattern, create, or direct an intention. If you are evolving in consciousness, they may be helpful to open doors to the next level of awareness. Essences can be used for healing individuals, pets or farm animals, plants and gardens, the earth, the galaxy, the universe, past, present or future time, in a variety of levels, such as physical, emotional, mental or spiritual.

## What results can I expect from essences?

Reported results for Swanstar Essences are as varied as individuals. They are universally reported to be gentle and subtle in effects. Relaxation and stress reduction, more trust, feeling better, a general sense of well-being, more remembered dream life, a more positive outlook have all been reported. Physical wounds have healed faster, including wounds that don't heal naturally. Emotional clearing and detox may occur, as well as emotional and mental "aha" experiences--information which was blocked to consciousness becomes available and usable.

Physical improvement may result in those cases where etheric, emotional, mental or spiritual causes underlie physical ailments. Another reported result is that of an opening way: the "right" doctor, the "right" school, the desired opportunity presents itself.

## How do I use essences?

Use of drops is simple and non-invasive. Shake the bottle, place 1-4 drops of Swanstar Essences under the tongue, rub on the skin, blend in a glass of water, or place in the bath. Avoid touching your tongue with the dropper. If you do contaminate the dropper, wash in pure water before placing it back in the bottle. No preservatives means no harsh chemicals for you or your family.

Most of our mists are made of nature essences and lightly fragranced with fine essential oils, some are fragrance-free; spray 5-7 pumps around the body of a person or animal, or they can be sprayed in a room to create clear, beautiful space. Keep out of eyes. Shake all of our products before using.



## How do I select the right Swanstar Essence for me?

Choose from your intuition. Look for the one that comes to you or "lights up" for you, or use muscle testing or dowsing methods. When the essence is correct, it will feel "right" in your hand. Many report warmth, tingling, refreshment or other impressions that say "This one is for me." When in doubt, our Safe & Sound works like a first aid kit for headaches, stress, trauma, insect bites or balance. Genai's book [Swanstar Essences](#) can help you choose and a selection chart is free.

## What is an "Essence Bouquet" or a "Soul Weave"?

Swanstar Essences can be custom blended for your personalized intention. Several essences, chosen intuitively, are added to one bottle called a "bouquet" or "soul weave." Genai selects the special essences to be included by intuitive listening, and then provides the messages for each in a report for you. A program for taking the bouquet is included. They also may be used to balance and revitalize relationships, homes, nursing homes, hospitals, soil, gardens, land or a water supply.

## Where do Swanstar Essence definitions come from?

Definitions are channeled from Genai's inner guidance or the nature angel, then tested and validated privately before making them available. We have researched these essences for 15 years identifying their purposes as remedies and supports for transformation. The high level of effectiveness of Swanstar Essences with animals and small children who have no belief system makes it clear the effects are real and not a placebo.

### **How do I care for my flower essences?**

Storage of Swanstar Essences is best in a cool, dry place, out of the sun, at 70°F. or less and away from electro-magnetic fields and battery-operated devices, such as cell phones, computers, refrigerators or power lines. Just like the magnetic strip on your credit card, the vibrations in the bottle may be reduced by strong magnetic fields. Shelf life is preserved by the high vibration of the essences and extends for 2 years after any best used date. Shelf life varies with storage conditions.

If you believe an essence has been depleted by environmental challenges, you can recharge it by making a prayer for restoration, setting it on the earth outside or under a copper pyramid for 20 minutes. Test with a pendulum or intuitive sensing to see if the recharge is successful.

### **How do I dispose of any remaining drops?**

Flower essences are sacred gifts from Nature, good for the Earth. Returning the essences to the earth is a fine way to dispose of drops that are out of date or leftover. Water your plants or garden with them. Essences can be used to balance land and home. They also benefit gardens and plants. So when you are disposing of them, you are benefitting the land, garden or plants.

### **How do I order Swanstar Essences?**

Go to [www.AllOnePeace.com](http://www.AllOnePeace.com), click on Swanstar Essences. All One Peace is also the guardian for Lightwater Essences and Texas Wildflower Essences. Genai's sacred chant and meditation CDs are also available there. Payment can be made with credit card by Paypal or over the phone. Genai will help you select essences at no charge when a purchase is made. Call Genai at **239.298.4839**, or email **Genai@AllOnePeace.com**.