



# Serpentfire Yoga for Healing

A Vibrational Alchemy Healing and Mentoring Program  
with Genai Ellen Wachs, Founder,  
All One Peace, A Sacred School for the One

## Serpentfire Yoga for Healing Syllabus

Healing is our birthright, and we can learn to do it. *Serpentfire Yoga for Healing* invites you to discover the magic in you at the intersection of yoga, shamanism, vibrational medicine, energy healing, gnosis, and the soul's creativity. A multi-disciplinary and multi-dimensional system for gentle healing and transformation for the healer and the client, *Serpentfire Yoga for Healing* is an advanced wisdom school offered in a flexible five-module program over 30 months. If you are a yoga teacher or student, an energy healer or teacher, an artist or creative, a parent or self-healer, or a holistic nurse or massage therapist, this study may call you.

Ancient temples, like Delphi, offered training and community for healers, priestesses, spiritual messengers, alchemists, and oracles. Development focused on the "Serpentfire," the western name for kundalini—the Feminine spiral energy which awakens, rises, and energizes our sacred gifts. Similarly, *Serpentfire Yoga for Healing* is an alchemical yoga based on awakening the kundalini, directing and controlling the energy for healing, and creating nature spirit medicines. The program offers both ascension and descension of the serpentine energies for healing which activate different dimensions of conscious wholeness.

Modules offer energy healing using your hands, intuition, telepathic healing, tel-homeopathic flower essence therapy, vocal sound healing, and Serpentfire Yoga exercises, which all activate the body's ability to self-heal. Students may take one, several or all modules for personal growth or for professional skill development.

**The benefits** of *Serpentfire Yoga for Healing* for the student include:

- Learn to heal self and others with hands, thought, voice, and nature, and weave these into a single session.
- Learn to think and perceive vibrationally; consciously shift your brain pattern from ordinary or daily mind (beta) to extraordinary/clairvoyant (alpha) mind.
- Gain calm confidence in your healing and self-healing abilities.
- Receive loving and gentle clairvoyant mentoring for personal transformation.
- Learn to communicate with the nature devas; receive spiritual medicine from them.
- Develop more positive attitudes and clear inner direction.
- Find greater strength of will and focus.
- Create closer relationship with the Divine within you and the One in All.

**Will you join us?** Each of the five *Serpentfire Yoga for Healing* modules includes an interactive weekend of training in person, private mentoring sessions with Genai to help identify your strengths and challenges and to deepen your practice, and group meditation phone calls to promote community and continue momentum for growth. This unique opportunity offers instruction and close relationship with the founding teacher. The five modules are outlined in detail below.

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## Healing the Body Electric

In the first weekend, *"Healing the Body Electric"* you will explore keys to Serpentfire Yoga for Healing, such as self-care to keep you strong while you help others, electro-magnetic and spiritual anatomy, intuition, flower essences and nature devas, and inner song. In the later weekends you will learn to weave these strands, integrate them, build confidence in their use. The work may be done in chairs or on tables. The tools you receive in this class will give you what you need to practice until the next weekend module you attend, usually within 4–6 months.

You will learn about and explore:

- How to use meditative practices and gentle movements for self-care, and conscious contact with your Soul.
- The human energy field, the chakras (energy centers), the kundalini, and the hara; how they affect one's body-mind-soul-spirit through multiple dimensions; how electro-magnetic fields and bio-resonance are used for healing.
- How to use nature essence therapy (spiritual vibrations provided as medicine by nature), how they are made tel-homeopathically, how and when to use them, and how to choose and blend them for yourself and others.
- How to begin strengthening your voice for breathing, singing, and sound healing.
- How to use strands of light in the energy field for healing.
- How to develop your intuition with pendulum dowsing and simple muscle-testing.

In addition, you will:

- Give and receive three healing exchanges with other students.
- Develop familiarity with a selected group of Swanstar, Lightwater, and Bach essences.
- Create and take home your own essence bouquet to support changes from the class.
- Take home several exercises for self-care and evolution.
- Receive three intuitive private mentoring consultations with me to promote your continued development. (Additional sessions are available for an additional fee upon request.)
- Receive five group full moon meditations via conference calls to answer questions and build community.

**Your choice of three dates in 2020: March 13–15; June 5–7; and September 18–20, a back-to-back intensive with "Personal Power, Authenticity, and Autonomy."**

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## Personal Power, Authenticity, and Autonomy

Learn to assess, clear, heal, and strengthen the back chakras, vertebrae, to align the personal and Divine Will, and to aid with death and dying. Energy field sensing and reading.

This weekend includes deepening and integration of your experiences of Self; more exposure to flower and sacred site essences and vocal sound healing, the use of new Serpentfire Yoga self-care practices, further development of intuitive methods, bio-resonance and energy field reading. Each experiential level takes us to greater recognition of our fears and doubts, then to greater trust and self-acceptance.

**Three choices of dates in 2020: May 22–24; July 24–26; and September 21–22, back-to-back with "Healing the Body Electric." In 2021: August 13–15.**

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## Entering the Heart of Nature: Tel-Homeopathic Flower Essence Therapy

We will go beyond Bach Flower Remedies to open the door to telepathic nature communication with the spirits of flowers and trees to create vibrational essences. Learn how to receive messages from the devas or nature spirits. Learn how to choose and use existing flower essences. Learn how to make your own tel-homeopathic nature essence remedies; how to test your essences for content; how to translate (channel) the light of an essence into a definition; and how to work in an altered state and still be grounded to record your sessions for others. The use of automatic writing will help you tap into the right side of your brain. Learn to integrate energy healing with our hands from earlier weekends with the use of essences.

**Offered July 16–18, 2021**

**Certification:** *This module offers certification as a **Tel-homeopathic Nature Essence Practitioner** with additional requirements of open-book examination and presenting case studies.* Certification will require an additional administrative fee (\$150) for examination and supervision of case studies. Advanced training beyond this weekend may be offered by Genai for those who only want to pursue this course of instruction.

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## Telepathic Healing: Mind to Inner Mind

Based on the work of Bibb and Weed in *Amazing Secrets of Psychic Healing*, Genai and her husband, Richard Wachs, will guide you in their expanded methods for conveying healing images from your mind to the inner mind of another with their permission; on directing healing images to your own inner mind for healing; and telepathic healing for surgery, burns, root canals, and challenged pregnancies. Learn to incorporate this method with the other methods you have already learned. You will learn how to choose the method(s) that fits each situation. New practices for self-care will also be learned.

**Two choices for dates in 2021: September 3-5; November 5-7**

**Certification:** *This module offers certification as a **Serpentfire Telepathic Healer** with additional requirements of practice, an examination and presenting case studies.* Certification will require an additional administrative fee (\$150) for the examination and supervision of case studies. Advanced training beyond this weekend may be offered by Genai and Richard for those who only want to pursue this course of instruction.

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## Becoming an Instrument of the One

Reclaim the power of your voice in deep meditation. Just as the serpentine energy rises from earth as life force, it descends from heaven as spirit/soul force, like ancient songs or creative action. Santu are songs sung in a sacred, surrendered state of trust that the songs, colors and light that come through your voice are what is needed by you or others. These songs from within have tone, pitch, rhythm, and a beat. Like a sandpainting, they exist only in the moment. You may sing your own or another's Core Song or Soul Song of Joy. Your voice, mind, spirit and body become a healing instrument for the One.

(Continued)

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As a weekend for opening your sacred voice, the power of the Word for manifestation will also be discussed along with song. In focusing on your voice as an expression of the core-essence of your Being, you may move beyond duality. We will learn life-long practices to help us move beyond the judgement of duality to the One—unity consciousness. This will be a unique path for each student with support and guidance.

**Offered twice in 2021: March 5–7 and September 24–26. Offered once in 2022: June 17–19, 2022.**

**Certification:** *Completion of all five modules offers certification as a **Serpentfire Yoga for Healing Practitioner** with additional requirements of open-book examination and presenting case studies.* Certification will require an additional administrative fee (\$150) for examination and supervision of case studies. Advanced training beyond this weekend for those who only want to pursue this course of instruction will be offered by Genai, if requested.

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## Registration for Modules

Weekends are residential for Friday evening, Saturday, and Sunday for approximately 18–20 hours of class time depending on each group. You may enroll at any time for any class, although they build knowledge one to the next. A free phone consultation with Genai is required before enrolling to assure a “good fit” for both student, teacher, and class. The program has a strong self-care component for those who wish to keep their life force strong while serving others.

To register, schedule your free phone call, phone or text Genai at 239.298.4839 or email her at [Genai@AllOnePeace.com](mailto:Genai@AllOnePeace.com) or at [www.AllOnePeace.com/contact](http://www.AllOnePeace.com/contact). A few partial scholarships are available.

**Individual Module Registration:** Registration fees for each of the five modules are the same. The registration fee for each module is \$1695 and must *be received* no later than 10 days prior to the module. Each approximately six-month module offers one in-person weekend, two lunches, a training manual, 3–4.5 hours of hour-long private sessions which can be divided for more frequent contact, and five group full-moon meditation phone calls. Minimum number of students is eight. Lodging, other meals and airfare into Albuquerque or Santa Fe are not included, though we may have suggestions.

**Early Bird Discount Registration:** The Early Bird Discounted Fee is \$1495 (\$200 Savings); to qualify, a non-refundable deposit of \$200 must *be received 60 days* in advance; the balance of \$1295 is due 30 days prior to the module. Students may take the modules in any order.

**The Complete Serpentfire Yoga for Healing Program Registration:** Those who take the full program of five modules will receive five weekend trainings, five training manuals, ten lunches, fifteen private healing/mentoring sessions in person or by phone, and 25 monthly group meditation phone calls. *Note: Only one flower essence therapy module is being offered at this time.* The registration fee for all five modules is \$6975 (\$1500 savings). A deposit of \$1000 is due at the time of registration with the balance of \$5975 due at the first module. The deposit is non-refundable if cancellation occurs after the first module is attended.

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## Personal Retreats with Genai

**January 28–30, 2022; November 12–14, 2022**

Following the *Serpentfire Yoga for Healing* program, personal retreats are planned for relaxed time within for meditation and community with like-minded people. Content will come from the silence, walking, and sitting. There will be time for sharing, questions, and answers. Open to anyone who has studied with me in this program or others. The registration fee for each is planned to be \$300 for Friday evening, Saturday, and Sunday plus lodging, meals and airfare.

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## About Genai



Known as “the soul doctor of Santa Fe,” Genai Ellen Wachs is a master healer and spiritual teacher with 33 years professional experience and the founder of All One Peace, A Sacred School for the One, and Swanstar Essences. Through All One Peace she offers private sessions, over 800 flower, star and sacred site essences, four books, and five albums of sound healing. Contact her or find testimonials, her teachers, products, and more at [www.AllOnePeace.com](http://www.AllOnePeace.com).

*“Genai is an excellent teacher, committed to her students' progress.”*

*“Thank you for giving the “Shamanism and Healing” class. It was awesome and it was a perfect mix for the group. Loved the ease you had in presenting the material and letting Spirit set the pace. Loved that everyone felt safe to be themselves, think that had something to do with being with you. You just flowed with such ease all weekend.”*

*“The flower essence class was extremely informational giving knowledge and experiential messages of spirit from spirit to spirit. Personal physical reactions confirmed the response to the essences with sudden temperature rise, pounding heart, feelings of bliss and extreme relaxation. The day of experiences reconfirmed my sense of knowing. I am extremely grateful to have you in my life, Genai. You bring a fullness to it that I would hate to have ever missed. Thank you for sharing so generously of your time and knowledge. I respect it, and you, enormously.”*

*“Thanks for your Awakening the Cosmic Heart gathering. It was an evening filled with light, love and healing. Your sacred songs brought the vibration in the room to a very high level. When you invited the class to join in with our own sacred sounds, the vibration rose even higher. By the end of the session my chakras were humming in perfect harmony. I felt as if I had received a spiritual tune-up! A most powerful evening.”*