



# Vibrational Alchemy

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## CANCER TREATMENT AND SURGERY SUPPORT

### Genai's Journey Natural Complementary Care Tools for Cancer Patients

By Genai

Cancer treatment and surgeries bring their own health side effects from chemotherapy, radiation, CT and MRI scans, medications, and anesthesia. Complementary care with vibrational medicine can offer relief in many cases. During my own cancer treatment and healing over the past three years I have found the nature essences helped me:

- heal wounds more quickly,
- clear toxicity,
- improve digestion,
- reduce stress, and
- lift up to a more positive mental and emotional state.

Nature essences have helped me and they may be able to help you, too. I have been cancer-free since eight weeks into treatment.

Caregivers need support too, and many of these same products will be useful to them. In addition, **Shaman's Secret Shield** oil helps secure personal boundaries and protect from negative energies. Caregivers may also find my pamphlets **Intuitive Choices: Four Ways to Choose from Your Heart** and **Nine Jewels for the Soul: Easy Meditations for Peaceful Mind** offer good self-care ideas and tips. Also my recording **20 Minutes to Peace** offers a guided daily meditation program for relaxation and healing.

Here are a few of my personal complementary care favorites:

**Safe & Sound Stress Kit.** From the first pronouncement of a tumor to last week's 50<sup>th</sup> IV infusion, I have used this remedy to reduce stress before treatments and tests and before and after IV infusions at the IV sites. I apply a drop or two to my skin at the IV site before or after the venipuncture to speed healing and reduce pain at the site. I do not have a port and my veins are holding up well. 3-4 drops under my tongue or in water before and after tests or treatments have really helped me stay calm.

**Clear Being Aura Mist.** I mist this around me once or twice a day to uplift my attitude and mental state. I also mist my room and home regularly to clear them of negativity. This mist balances, uplifts and transforms me, opening me to receive miracles both small and large. The light fragrance of frankincense, lavender, and anise is uplifting too! It's also effective for clearing hotels and hospitals when travelling. Mist the room twice about 20 minutes apart.

**Sleepwell Mist.** This remedy supports me with a natural, deep, and peaceful sleep with no hangover. It can be used as often as I like and has no chemical side effects like grogginess or confusion, so I wake up feeling refreshed. I also use it when I wake up to help me go back to sleep. A friend described her experience with Sleepwell as “feeling surrounded by a soft, green moss crib bumper in a lush forest.” To use it, just mist with four or five pumps each around your bed and around your body.

**Aloe Vera Flower Essence.** Wonderful for digestion to soothe the effects of GERD. Also seems to help with the chemical hot flashing that can accompany chemotherapy, a strange feeling of waves of heat throughout the body not unlike menopausal hot flashes.

I tried the usual OTC aids and they didn't seem to do much, except that I had nose bleeds. Then my Integrative doctor, Joel Ying, MD, Naples, FL, suggested I try DGL, a deglyzhydrinated form of licorice, sold in health food and vitamin stores, which has virtually no side effects. This worked much better for me and I was able over time to reduce the chewables from three times a day to one or two a day. I was then able to switch over to the Aloe Vera Essence and found that it alone was sufficient to keep me comfortable.

Aloe Vera Flower Essence helps bring people back into alignment after an emotional trauma or shock. Aloe helps them resituate the Self in the body when shock or trauma, such as a shocking loss, has dislocated them—e.g., “they are beside themselves” or when they have “flown off the handle.” It keeps the throat and nasal passages moist and strengthens beneficial mucous and mucous linings in throat and nose.

Aloe may relieve burning pain and bring comfort for those burned by radiation treatments for example. For this, put Aloe essence into distilled water and bathe or mist the area. Get the same benefit internally by also drinking distilled or spring water with 1-2 drops several times a day.

Mix Safe and Sound Stress Relief with Aloe essence to clear toxins from chemotherapy for 4-5 days following treatment. The patient with loss of appetite or gastric distress may accept food/nutrition more easily. Same with exterior burns: a mist of water and Safe and Sound Stress Relief Formula with Aloe may ease exterior burns from Radiology treatments when misted around the person, over bandages, and the burn (not on it).

**River of Life Lymph Clearing Mist.** Surgeries like mediports, biopsies, and tumor removal may involve anesthesia, iodine, or other IV meds that can create fatigue or lower your immune system. By following them up with River of Life the lymphatic system can be supported in a new way. Gentle cleansing results with use two or three times a day for a week following procedures. If lymphatic drainage or other lymph treatments are used, then this can help prolong the benefits of the treatment by using it three or four times daily for five days after. While I don't use this every day, I do like having it in my “bag of tricks.”

**Flower Essence Custom Blends.** Many times during treatment I have blended custom essences to help me with a particular problem or issue. I draw from over 750 nature essences in the process. I will dowse for free by appointment to determine what might be best to help you. Send me an email with good times for you and your contact information and I will get back to you with a time.

**Amarya: Dreaming the Dance.** Give anxiety a night off. My gentle chants calm and soothe the soul, creating a safe environment. The harmonics balance the energy system and bring peace to cells, muscles, joints and nerves. I have found listening to it at night both relaxing and healing. Play it for 20, 40, or 60 minutes as needed to rest and relax.

**Telepathic surgical support.** My husband, Richard, and I have been studying telepathic and spiritual healing for nearly 30 years. We offer several processes to support patients during surgeries to clear hospital rooms, uplift the environment, and hold positive energy for healing. Our clients' doctors remark about reduced blood loss, more rapid recovery and other benefits following surgery.

My husband and healer friends have surrounded me in love and compassion with specific directions to my inner mind of how to help me heal. It's worked as part of a healing-team approach to recovery.

**Telepathic transition support.** I offer spiritual companionship and guidance, songs, and essences to those passing over who are in distress or a coma.

A Personal Note:

I am so grateful to Nature for the essences and to my many teachers and friends who have supported me during this challenging journey. I read some time ago that it takes 40 people to provide the help that is needed for one family dealing with cancer so that burnout is avoided. Rides to doctors, prepared meals, time for caregivers to get a break, and so much more. I have been very blessed with this kind of support over the last three years. I asked for it. After years of feeling that I was a provider, a healer, a giver, I humbled myself and gratefully received abundance.

Cancer and cancer treatment are a challenging road. Life is worth it. I hope you will make a list of all the people who can help you and ask for their help. Send out an email to keep them updated from time to time. If you need a scheduling coordinator, ask for that help too. If it is prayers you want, ask for them. Your friends and family are part of your healing team. Let them help you!

**For more information about the products and services described here, send Genai your questions at [Genai@AllOnePeace.com](mailto:Genai@AllOnePeace.com) or visit [www.AllOnePeace.com](http://www.AllOnePeace.com).**

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